

2. When your symptoms have been controlled, **STOP** increasing drops. Maintain this effective dose.

# THC DOSING SCHEDULE



## 1. START LOW AND GO SLOW!

MEDICATION: \_\_\_\_\_

THC : CBD RATIO: \_\_\_\_\_

INDICATION: \_\_\_\_\_

MG / ML: \_\_\_\_\_

MG / DROP: \_\_\_\_\_

SCHEDULE: REGULAR / PRN (AS REQUIRED) \_\_\_\_\_

STARTING DOSE: \_\_\_\_\_

↑ Gradually increase dose until symptoms are improved or controlled. Stop or decrease if side effects occur. Do not take more than the maximum written on the prescription label.

### COMMON PRESCRIPTION MEDICAL TERMS

PRN: as required \_\_\_\_\_

BD: twice a day \_\_\_\_\_

TDS: three times a day \_\_\_\_\_

QID: four times a day \_\_\_\_\_

Q2h: every two hours \_\_\_\_\_

NOCTE: at night time \_\_\_\_\_



**IMPORTANT:** There are 20 drops per ml.  
1 drop = 0.05ml

Day	1	2	3	4	5	6	7
 Bed	1x 0.05mL	2x 0.1mL	3x 0.15mL	4x 0.2mL	5x 0.25mL	6x 0.3mL	7x 0.35mL
PRN (as required)	Additional dose if necessary, waiting 2 hours after previous dose 0.05mL		IF NEEDED 0.15mL	IF NEEDED 0.2mL	IF NEEDED 0.25mL	IF NEEDED 0.3mL	IF NEEDED 0.35mL

3. The goal is to find the minimum effective dose.