

WHAT IS LIQUID VAPING?

Vaping liquid Cannabis is an effective and discreet way for patients to quickly administer their medication. Cannabis vape liquid comes compounded, ready to be filled into a compatible cartridge of a liquid vapouriser sourced by the patient.

CANNABIS OIL VS VAPABLE CANNABIS LIQUID

Vapable Cannabis liquid is compounded THC and/or CBD dissolved in either Polyethyl Glycol (PG) fluid, Vegetable Glycerine fluid, or a combination of both. Cannabis oil is NOT vapable and is prescribed for oral administration only.

WHAT SUPPLIES DO I NEED?



Vapable liquid



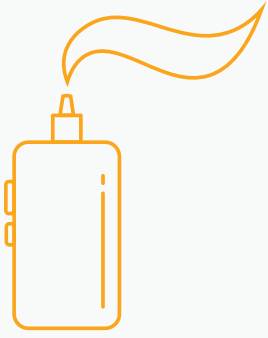
Liquid Vapouriser

WHY IS LIQUID VAPING PRESCRIBED?

Liquid vaping is often preferred by patients and Doctors due to its rapid onset of action compared to oils and capsules. It may be ideal for acute symptom relief.

WHAT SHOULD I LOOK FOR IN A LIQUID VAPOURISER?

Patients are to source a vapouriser that must be compatible with vapable liquid. Liquid vapourisers are usually self-set for temperature and will heat for immediate vapourisation and inhalation. Vapourisers come with a cartridge in which the vapable liquid is filled. Vapourisers can be sourced online or at a speciality vape shop. More advanced vapourisers have different power settings. Please check with your vapouriser supplier to determine which vapouriser is best for you.



WHY IS VAPOURISING RECOMMENDED OVER SMOKING?

A variable amount (20-80%) of Medicinal Cannabinoids in Cannabis are lost in side stream & combustion when smoked, making it difficult to estimate the dose of Medicinal Cannabis an individual patient is receiving. Additionally, it is considered that smoking in general, is harmful, therefore smoking of Cannabis products should not be supported. By comparison, vaping occurs at a much lower temperature than smoking, therefore the Cannabinoids are not combusted, and potentially harmful molecules of smoking are not produced.

HOW DO I VAPE WITH A LIQUID VAPOURISER?

01

Fill cartridge with vapable Cannabis liquid.

02

Turn vape on. Some vapourisers allow different power settings - if this is the case, start at the lowest settings first.

03

Inhale once, slow and into the mouth:

A) Inhalation speed - Low and slow.

B) Inhalation length - Short initially, longer as tolerated and required.

C) Breathe vapour into the mouth to cool, then breathe down into the lungs.

D) Hold for 5 seconds before exhaling.

04

Wait 10 mins to see if the effect has been achieved.

05

If desired symptom control hasn't been achieved, repeat steps; gradually increasing the number of inhalations every 10 mins at each dosing session.

ADDITIVES

Different flavours or Terpenes can be added for flavour or other possible Terpene effects. For example, Myrcene is often used as a sedative. Please note that Terpene effects may vary between individuals. If the vapour is harsh on the mouth, throat or lungs, different ratios of Propylene Glycol (PG) or Vegetable Glycerine (VG) can be added. VG can be more pleasant for some patients, but it will produce more of a vapour cloud.