

CBD DOSING SCHEDULE

MEDICATION: Isospec CBD Lotion/Salve

THC : CBD RATIO: 0:30

INDICATION:

MG / ML: 30mg / mL

MG / FINGERTIP UNIT: 15mg

SCHEDULE: REGULAR / PRN (AS REQUIRED)

STARTING DOSE: 1 Fingertip unit (0.5mL)

↑ Gradually increase dose until symptoms are improved or controlled. Stop or decrease if side effects occur. Do not take more than the maximum written on the prescription label.

COMMON PRESCRIPTION MEDICAL TERMS

PRN: as required


BD: twice a day







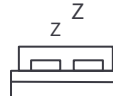





TDS: three times a day

QID: four times a day

Q2h: every two hours

NOCTE: at night time

1 Fingertip Unit  = 0.5ml OR 15mg

Week	1	2	3	4	5
 Morning	1x  0.5mL	2x  1mL	3x  1.5mL	4x  2mL	5x  2.5mL
 Bed	1x  0.5mL	2x  1mL	3x  1.5mL	4x  2mL	5x  2.5mL

Administration Instructions

0.5mL (a fingertip unit) rubbed into affected area twice a day or PRN. Increase as per dosing table. Max 10mL / day.

Remember:

1. Start Low and Go Slow.
2. When your symptoms have been controlled, STOP increasing your dose. Maintain this effective dose as required.
3. The goal is to find the minimum effective dose.