

# Consult Notes Template

## DISCUSSING YOUR CONCERNS WITH YOUR DOCTOR OR NURSE (OPTIONAL WORKSHEET)

This form can assist you with organising your thoughts and planning out what concerns you'd like to discuss with the doctor or nurse at your next consult. Take a minute to write down the appointment details and anything else you'd like to discuss.

There'll be a lot of information to take in so it's important to take notes during your consultation, especially when the health professional talks about your prescription and dosing. If you have any additional questions, please head over to our FAQ's on our website.

## APPOINTMENT DETAILS (MOST IMPORTANT TO LEAST)

1.
2.
3.
4.
5.
Notes:

# CDA CLINICS

APPT DATE:     /     /

TIME:    

CONTACT: 07 5689 3740

- Confirm your booking
- List and prioritise your concerns
- Take information with you
- Request an interpreter if you know you'll need one
- Bring a notepad and pen

[cdaclinics.com.au](http://cdaclinics.com.au)