

What is liquid vaping?

Vaping liquid cannabis is an effective and discreet way for patients to quickly administer their medication. Cannabis vape liquid comes compounded, ready to be filled into a compatible cartridge of a liquid vapouriser sourced by the patient.

What should I look for in a liquid vapouriser?

Patients must source a vapouriser that is compatible with vappable liquid. Liquid vapourisers are usually self-set for temperature and will heat for immediate vapourisation and inhalation. Vapourisers come with a cartridge or vape tank in which the vappable liquid is filled. Vapourisers can be sourced online, or at a pharmacy or speciality vape shop. More advanced vapourisers have different power settings. Please check with your vapouriser supplier to determine which vapouriser is best for you.

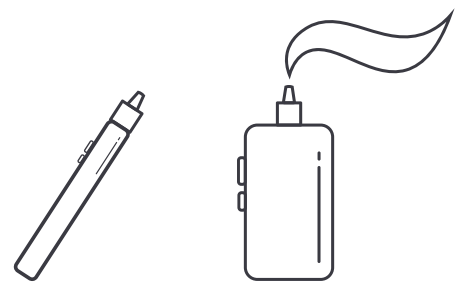
Cannabis oil vs vappable cannabis liquid

Vappable cannabis liquid is compounded THC and/or CBD dissolved in either Polyethyl Glycol (PG) fluid, Vegetable Glycerine fluid, or a combination of both. Cannabis oil is NOT vappable and is prescribed for oral administration only.

What supplies do I need?



Prefilled Vape Cartridge or Vappable liquid



A Compatible Vape Pen or Vapouriser

Why is liquid vaping prescribed?

Liquid vaping is often preferred by patients and doctors due to its rapid onset of action compared to oils and capsules. It may be ideal for acute symptom relief.

Why is vapourising recommended over smoking?

A variable amount (20-80%) of medicinal cannabinoids in cannabis are lost in side stream & combustion when smoked, making it difficult to estimate the dose of medicinal cannabis an individual patient is receiving. Additionally, it is considered that smoking in general, is harmful, therefore smoking of cannabis products should not be supported. By comparison, vaping occurs at a much lower temperature than smoking, therefore, the cannabinoids are not combusted and potentially harmful molecules of smoking are not produced.



How do I vape with a liquid vapouriser?

1. For prefilled vape cartridges, attach liquid cartridge to compatible vapouriser device. For compounded vape liquids, fill cartridge with vapable cannabis liquid.
2. See your vapouriser device manufacturer's instructions for use. Turn vape on. Some vapourisers allow different power settings — if this is the case, start at the lowest setting first. Set temperature on device between 175-200°C.
3. Inhale slowly for < 3 seconds.
 - A) Inhalation speed – low and slow.
 - B) Inhalation length – short initially, longer as tolerated and required.
 - C) Breathe vapour into the mouth to cool, then breathe down into the lungs.
 - D) Hold for 5 seconds before exhaling.
4. Wait 10 minutes to see if the desired effect has been achieved.
5. If desired symptom control hasn't been achieved, repeat steps; gradually increasing the number of inhalations every 10 mins at each dosing session.

Additives

Different flavours or terpenes can be added for flavour or other possible terpene effects. For example, myrcene is often used as a sedative. Please note that terpene effects may vary between individuals. If the vapour is harsh on the mouth, throat or lungs, different ratios of Propylene Glycol (PG) or Vegetable Glycerine (VG) can be added. VG can be more pleasant for some patients, but it will produce more of a vapour cloud.