## CDACLINICS

### HOW TO VAPOURISE MEDICAL CANNABIS CONCENTRATES

DOSE	1	2	3	4	5
Inhalations (INH)	1x INH	2x INH	3x INH	4x INH	5x INH
PRN (as required - wait 10 minutes between inhlations)					

Max = 1g / day or as directed by your prescriber.

#### MEDICATION:

THC %:

INDICATION:

MG / G:

MG / SCOOP: 10mg/scoop

SCHEDULE: PRN (AS REQUIRED)

STARTING DOSE: 1 Inhalation

↑ Gradually increase dose until symptoms are improved or controlled. Stop or decrease if side effects occur. Do not take more than the maximum written on the prescription label.

#### COMMON PRESCRIPTION MEDICAL TERMS

PRN: as required

BD: twice a day

TDS: three times a day

QID: four times a day

Q2h: every two hours

NOCTE: at night time

#### How do I vape concentrates?

- 1. Measure concentrate using microscoop using the concentrate dosing guide and taking a "start low and go slow" approach.
- 2. Place measured microdose into dosing bowl allowing concentrate to heat evenly.
- 3. Turn vape on.
- 4. Set temperature (between 175-200°C). Effects vary at different temps decrease if burnt taste or combustion.
- 5. Inhale once, slow and long.
- 6. Wait 10 mins to see if effect has been achieved. If required, dose again or increase dose through amount of inhalations.
- 7. If continuing, stir the bowl mid dosing session to expose surface area that was previously covered.
- 8. Clean and maintain regularly for proper function will enhance the vape's performance.

10mg

## Remember

1 Microscoop

- 1. Start Low and Go Slow Use an exact microscoop E.g. 10mg/microscoop.
- When your symptoms have been controlled, STOP increasing your dose. Maintain this effective dose as required.
- The goal is to find the minimum effective dose. Max dose = 1g/day.



#### What are cannabis concentrates?

The cannabis plant is covered by microscopic droplets of compounds called trichomes. Trichomes contain the cannabinoids and terpenes, the medicinal properties of the cannabis plant responsible for the effects, aroma and flavours one might experience with any cannabis product. Cannabis concentrates are the result of concentrating down these trichomes. Because of this, concentrates are highly potent and, gram for gram, are much stronger than raw cannabis flowers.

#### Why are concentrates prescribed?

Due to its rapid onset of action compared to oils or capsules, concentrates are prescribed for patients for acute symptom response.

## Who are concentrates prescribed for?

Concentrates are best suited for patients who have developed a tolerance to THC and respond well to high percentage THC flower for management of their acute symptoms.

# What should I look for in a concentrate vape device?

First and most importantly, it must be compatible with concentrates! Vape pens with a 510 thread and quartz or ceramic tank are easy to maintain and use, whilst some dry herb vapourisers offer screens for dual use. When selecting a device, it is important patients do their research as prices and techniques can vary. Each individual patient's needs will determine the type of vapouriser required.

# How are concentrates administered?

Concentrates can be administered via a vapouriser on top of a flower or through a concentrate atomiser using a compatible vapouriser. A vapouriser is an electronic device which allows patients to release the active ingredients and therapeutic compounds of cannabis via inhalation of vapour rather than smoke. When used properly, a vapouriser heats the product into vapour form for inhalation. Vapourising results in significantly more efficient extraction of cannabinoids, terpenes and flavonoids, as well as decreasing the irritation and harmful effects caused by smoking. Vapour is much smoother and more flavourful to inhale than smoke, which makes the entire experience more enjoyable and comfortable for the user.

### How do I clean my vapouriser?

- 1. Make sure vapouriser is off and not hot.
- 2. Remove the mouthpiece from the device.

3. Use a brush or pipe cleaner to get rid of any excess debris from chamber.

4. Dampen the pipe cleaner with alcohol cleaner and snake it through the inside of the vapour path until it's clean.