

2. When your symptoms have been controlled, **STOP** increasing drops. Maintain this effective dose.

# CBD DOSING SCHEDULE

## 1. START LOW AND GO SLOW!

MEDICATION: CBD C25 Capsules

THC : CBD RATIO: 0 : 25mg

INDICATION:

MG / CAP: 25mg / Capsule

SCHEDULE: REGULAR / PRN (AS REQUIRED)

STARTING DOSE: 1 Capsule

↑ Gradually increase dose until symptoms are improved or controlled. Stop or decrease if side effects occur. Do not take more than the maximum written on the prescription label.

### COMMON PRESCRIPTION MEDICAL TERMS

PRN: as required










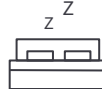




BD: twice a day

TDS: three times a day

QID: four times a day

Q2h: every two hours

NOCTE: at night time

Week	1	2	3	4	5
 Morning	 1x Capsule	 1x Capsule	 1x Capsule	 2x Capsules	 2x Capsules
 Midday	X	X	 1x Capsule	X	 1x Capsule
 Bed	X	 1x Capsule	 1x Capsule	 2x Capsules	 2x Capsules

3. The goal is to find the minimum effective dose.